

St. John XXIII Parish

150 Gateway Blvd., Don Mills, ON M3C 3E2

Website: <https://stjohn23do.archtoronto.org>

Email: stjohn23do@archtoronto.org

Office Hours: Monday-Friday 9AM to 3PM



PARISH BULLETIN | 22nd Sunday in Ordinary Time | 30 AUG 2026

JESUS said to them:



“If anyone wants to become my follower, let him deny himself and take up his cross and follow me.”

Matthew 16.24

Welcome New Parishioners!

Please introduce yourself and your family to me before or after the mass to welcome you to our parish community.

All parishioners are encouraged to register in our community and participate in the church activities. We are here to support each other and grow in our relationship with God and with our neighbors.

For Registration form, ask anyone of the Ushers or Call the office.

Your Pastor,

Fr. Allan



Saturday Vigil Mass – 5:15pm

Sunday Mass – 9am, 12:15pm, 5:30pm

Weekdays:

Monday, Wednesday, Friday – 7pm

Tuesday, Thursday, Saturday – 9am

Baptism – every Saturday of the month.

Preparation class is required. Talk to **Fr.**

Allan after any of the Sunday masses.

Confession every Saturday at 4pm or by appointment.

Confirmation – for Grade 7 & up
registration for 2026 is in the months of
August and September 2026

First Holy Communion – for Grade 2 &
up registration for 2026 is the months of
August and September 2026

Wedding – call the office for appointment

Anyone who wants to become

Catholic – call the office for appointment
Parish School-

St. John XXIII Catholic School
175 Grenoble Dr. North York, ON M3C 3E7
Tel. 416-393-5348

Archdiocese of Toronto-

Tel. 416-934-0606 * www.archtoronto.org

Passion of St. John the Baptist
Aug 29th

**“He must increase,
but I must decrease.”**



My soul thirsts for you, O Lord my God. *Psalm 63*

First Reading (Jeremiah 20.7-9)

O Lord, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughingstock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, “Violence and destruction!” For the word of the Lord has become for me a reproach and derision all day long.

If I say, “I will not mention him, or speak any more in his name,” then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot.

Second Reading (Romans 12.1-2)

I appeal to you, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God – what is good and acceptable and perfect.

Gospel according to Matthew 16.21-27

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised.

And Peter took Jesus aside and began to rebuke him, saying, “God forbid it, Lord! This must never happen to you,” But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are thinking not as God does, but as humans do.”

Then Jesus told his disciples, “If anyone wants to become my follower, let him deny himself and take up his cross and follow me. For whoever wants to save their life will lose it, and whoever loses their life for my sake will find it. For what will it profit anyone to gain the whole world but forfeit their life? Or what will anyone give in return for their life?

“For the Son of Man is to come with his Angels in the glory of his Father, and then he will repay each according to their work.”



COMPENDIUM OF THE CATECHISM OF THE CATHOLIC CHURCH

**I Believe in God the Father
*The Symbols of Faith***

Cont....

48. How does the Church express her trinitarian faith? 249-256, 266

The Church expresses her trinitarian faith by professing a belief in the oneness of God in whom there are three Persons: Father, Son, and Holy Spirit. The three divine Persons are only one God because each of them equally possesses the fullness of the one and indivisible divine nature. They are really distinct from each other by reason of the relations which place them in correspondence to each other. The Father generates the Son; the Son is generated by the Father; the Holy Spirit proceeds from the Father and the Son.

49. How do the three divine Persons work? 257-260, 267

Inseparable in their one substance, the three divine Persons are also inseparable in their activity. The Trinity has one operation, sole and the same. In this one divine action, however, each Person is present according to the mode which is proper to him in the Trinity.

"O my God, Trinity whom I adore...grant my soul peace; make it your heaven, your beloved dwelling, and the place of your rest. May I never abandon you there, but may I be there, whole and entire, completely vigilant in my faith, entirely adoring, and wholly given over to your creative action." (Blessed Elizabeth of the Trinity)

50. What does it mean to say that God is almighty? 268-278

God reveals himself as "the strong One, the mighty One" (Psalm 24:8), as the One "to whom nothing is impossible" (Luke 1:37). His omnipotence is universal, mysterious and shows itself in the creation of the world out of nothing and humanity out of love; but above all it shows itself in the Incarnation and the Resurrection of his Son, in the gift of filial adoption and in the forgiveness of sins. For this reason, the Church directs her prayers to the "almighty and eternal God" (*"Omnipotens sempiterne Deus..."*).

51. What is the importance of affirming "In the beginning God created the heavens and the earth" (Genesis 1:1)? 279-289, 315

The significance is that creation is the foundation of all God's saving plans. It shows forth the Almighty and wise love of God, and it is the first step toward the covenant of the one God with his people. It is the beginning of the history of salvation which culminates in Christ; and it is the first answer to our fundamental questions regarding our very origin and destiny.

To read more click this link [Compendium of the Catechism of the Catholic Church](#)

MASS INTENTIONS

Aug 29, 5:15PM **Vigil Mass** + Efren Garcia

Aug 30- **SUNDAY** 9:00 AM + Belle Dujua

12:15 PM + The Parishioners

5:30 PM + Margueritte Miguel

Aug 31, Mon, 7:0015M Special Intention of Jane

Sep 01, Tues, 9:00AM + Belle Dujua

Sep 02, Wed, 7:00PM + Rodolfo & Consolacion Rojas

Sep 03, Thu, 9:00AM + Teodorica Garcia

Sep 04, Fri, 7:00PM + Elena & Gregorio Cabungcal

Sep 05, Sat, 9:00AM + Belle Dujua

7-day Vigil Lamp – August 29-Sep 04, 2026

Sanctuary--- Intention of Hayde

Virgin Mary- Thanksgiving of Gemma C.

WORDS OF THE WEEK

"TO FOLLOW"

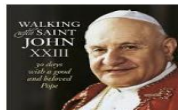
To follow Jesus means more than simply believing in Him; it involves actively learning His teaching, living according to His example, and submitting to His personal lordship in daily life. The Greek term *akoloutheo*, translated as "follow me," implies both physical following and adopting the mindset and behavior of Christ, which is central to discipleship. Followers are called to carry the cross with Christ, share in His ministry, and embody His values in relationships and service.

<https://www.patheos.com/blogs/summacatholic/2025/01/what-are-the-key-principles-of-following-jesus-disciple->

Pope's Prayer Intention-*AUGUST* 2026- For Evangelization in Cities

**Pray for creative ways to proclaim the Gospel in urban areas,
building community despite anonymity and loneliness**

Our Patron Saint...



"Christ's flock is made up of sheep that not only listen to their shepherd, but are also able to recognize his voice to follow him, faithfully and with full awareness. on the pastures of eternal life." John XXIII

Passion of St. John the Baptist Aug 29th

After John's birth, his father Zechariah spoke Isaiah's prophecy ('Benedictus'), saying that his son John would prepare the way of the Lord. Luke writes that John lived alone in the wilderness until "the word of God came to him," then began to travel around the countryside, preaching a baptism of repentance for the forgiveness of sins, thus fulfilling the prophecy of Isaiah.

In his zeal, John reproved Herod the Tetrarch for, among other things, living with Herodias, his brother's wife; the ruler had him imprisoned. On Herod's birthday, Salome, the daughter of Herodias, danced, and Herod was so impressed he told her to ask for whatever she wanted. She consulted her mother, who told her to ask for the head of John the Baptist on a platter. Herod could not refuse to honour his oath. The news of John's death soon reached his disciples who came for the body and laid it in a tomb.

(Living with Christ Aug 2026 ed.)

PARISH DEVOTIONS

Mother of Perpetual Help Devotion

-every Saturday before the 9am Mass

Recitation of the Holy Rosary

-before the Mass

Adoration of the Blessed Sacrament

-Every 1st Friday at 6:00pm communal

Parish Ministries & Programs

- Eucharistic Extraordinary Ministers
- Lectors—Proclaimers of God's words
- Altar Servers & Sacristans
- Ushers
- Catholic Women's League
- Intercessory Prayer Group
- Legion of Mary
- Icon of Our Lady
- Society of St. Vincent de Paul
- Seniors Breakfast Club

If you are interested to join, please email us at stjohn23do@archtoronto.org and we will direct you to the person leading these groups.

What unites us, is much greater than what divides us." St. John XXIII

IN THE NEWS !!!



Pope Leo prays for victims of devastating Nepal floods

To read more, click this link >>> [Pope Leo prays for victims of devastating Nepal floods - Vatican News](#)



SHARELIFE CELEBRATES 50 YEARS OF FAITH IN ACTION
Wednesday, August 26, 2026



STATEMENT FROM THE CANADIAN CONFERENCE OF CATHOLIC BISHOPS - SPIRITUAL REFLECTIONS IN MILITARY SETTINGS
Monday, August 24, 2026



HIS EMINENCE CARDINAL FRANK LEO SPEAKS TO THE FAITHFUL OF THE ARCHDIOCESE OF KINGSTON
Wednesday, August 19, 2026

<https://www.archtoronto.org/en/outreach/news/>

****click the link above to read the full text of the news****

Announcements!!!

- ✚ Registration for the First Holy Communion and Confirmation is on going. Registration forms are available at the parish office;
- ✚ If you have Mass Intention, you can email the office to book your intention and your preferred date;
- ✚ Next Friday, September 4th is first Friday of the month, there will be Eucharistic Adoration at 6PM followed by the celebration of the Holy Sacrifice of the Mass.



≈ Did you know??? ≈

The **ORDER OF MASS** *(continuation)*

Concluding Rites

During the Concluding Rites, announcements may be made (if necessary) after the Prayer after Communion. The celebrant then blesses the people assembled. Sometimes, the blessing is very simple. On special days, the blessing may be more extensive. In every case, the blessing is always trinitarian: "May almighty God bless you, the Father, and the Son, and the Holy Spirit." It is in the triune God and in the sign of the cross that we find our blessing.

These rites send forth the faithful to live the Mass in daily life:

- * **Final Blessings:** The priest blesses the assembly, often with the Sign of the Cross.
- * **Dismissal:** The deacon or priest sends the people forth, traditionally saying, "Go in peace, the Mass is ended" (Latin: *Ite, missa est*), highlighting that participation in the Mass obliges the faithful to carry Christ's presence into the world.

Q&A: The MASS

357. What is the Mass?

The Mass is the Sacrifice of the New Law in which Christ, through the ministry of the priest, offers Himself to God in an unbloody manner under the appearances of bread & wine.

(a) The name "Mass" comes from the Latin word *Missa* meaning dismissal. In the early days of the Church the catechumens were asked to leave after the gospel and sermon were finished. The faithful, however, remained until they were dismissed after the sacrifice was completed. Then, as now, this was done by saying or singing *Ite Missa Est*. In the course of time the word *Missa*, or dismissal, was used to designate the entire sacrifice.

To be continued.....

To read more click this link [Concluding Rites | USCCB](#)
[The Complete Guide to the Catholic Mass: Every Part Explained |](#)
[Guide Catholic Q&A on the Mass | EWTN](#)

Pope Francis

*Angelus, St. Peter's Sq,
 Sunday, 03 September 2017*

Dear Brothers and Sisters, Good morning!

Today's Gospel passage (cf. Mt 16:21-27) is the continuation of last Sunday's, which highlighted the profession of faith of Peter, the "rock" upon which Jesus wishes to build his Church. Today, in stark contrast, Matthew shows us the reaction of the same Peter when Jesus reveals to his disciples that He will have to suffer, be killed, and rise again (cf. 21). Peter takes the Teacher aside and reproaches Him because this — he says — cannot happen to Him, to Christ. But Jesus, in turn, rebukes Peter with harsh words: "Get behind me, Satan! You are a hindrance to me; for you are not on the side of God, but of men" (v. 23). A moment before, the Apostle had been blessed by the Father, because he had received that revelation from Him; he was a solid "rock" so that Jesus could build His community upon him; and immediately afterwards he becomes an obstacle, a rock but not for building, a stumbling block on the Messiah's path. Jesus knows well that Peter and the others still have a long way to go to become his Apostles! At that point, the Teacher turns to all those who were following Him, clearly presenting them the path to follow: "If any man would come after me, let him deny himself and take up his cross and follow me" (v. 24). Always, today too, the temptation is that of wanting to follow a Christ without the cross, on the contrary, of teaching God which is the right path; like Peter: "No, no Lord! This shall never happen". But Jesus reminds us that his way is the way of love, and that there is no true love without self sacrifice. We are called to not let ourselves be absorbed by the vision of this world, but to be ever more aware of the need and of the effort for we Christians to walk against the current and uphill.

Click this link to read more- [Angelus, 3 September 2017](#)