

St. John XXIII Parish

150 Gateway Blvd., Don Mills, ON M3C 3E2

Website: <https://stjohn23do.archtoronto.org>

Email: stjohn23do@archtoronto.org

Office Hours: Monday-Friday 9AM to 3PM



PARISH BULLETIN | 19th Sunday in Ordinary Time | 09 AUG 2026



Jesus said to Peter:
“You of little faith, why did you doubt?”
And they said, “Truly you are the Son of
God.” Matthew 14.33

Welcome New Parishioners!

Please introduce yourself and your family to me before or after the mass to welcome you to our parish community.

All parishioners are encouraged to register in our community and participate in the church activities. We are here to support each other and grow in our relationship with God and with our neighbors.

For Registration form, ask anyone of the Ushers or Call the office.

Your Pastor,

Fr. Allan



Saturday Vigil Mass – 5:15pm

Sunday Mass – 9am, 12:15pm, 5:30pm

Weekdays:

Monday, Wednesday, Friday – 7pm

Tuesday, Thursday, Saturday – 9am

Baptism – every Saturday of the month.

Preparation class is required. Talk to **Fr. Allan** after any of the Sunday masses.

Confession every Saturday at 4pm or by appointment.

Confirmation – for Grade 7 & up
registration for 2026 is in the months of
August and September 2026

First Holy Communion – for Grade 2 &
up registration for 2026 is the months of
August and September 2026

Wedding – call the office for appointment

Anyone who wants to become

Catholic – call the office for appointment
Parish School-

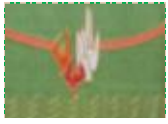
St. John XXIII Catholic School
175 Grenoble Dr. North York, ON M3C 3E7
Tel. 416-393-5348

Archdiocese of Toronto-

Tel. 416-934-0606 * www.archtoronto.org

St. Teresa Benedicta of the Cross
Aug 9th

**“Women naturally seek to
embrace that which is living,
personal, and whole.”**



Show us your stead-fast love, O Lord, and grant us your salvation. *Psalm 85*

First Reading (1 Kings 19.9, 11-13)

When Elijah reached Horeb, the mountain of God, he came to a cave, and spent the night there. Then the word of the Lord came to him, saying, “Go out and stand on the mountain before the lord, for the Lord is about to pass by.”

Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence.

When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave.

Second Reading (Romans 9.1-5)

Brothers and sisters: I am speaking the truth in Christ. I am not lying; my conscience confirms it by the Holy Spirit. I have great sorrow and unceasing anguish in my heart.

For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are children of Israel, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Christ, who is over all, God be blessed forever. Amen

Gospel according to Matthew 14.22-33

Immediately after feeding the crowd with the five loaves and two fish, Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray.

When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them.

And early in the morning Jesus came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.”

Peter answered him, “Lord, if it is you, command me to come to you on the water.” Jesus said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!”

Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, “Truly you are the Son of God.” †



COMPENDIUM OF THE CATECHISM OF THE CATHOLIC CHURCH

I Believe in God the Father

The Symbols of Faith

Cont...

33. What are the symbols of faith? 185-188, 192-197

The symbols of faith are composite formulas, also called “professions of faith” or “Creeds”, with which the Church from her very beginning has set forth synthetically and handed on her own faith in a language that is normative and common to all the faithful.

34. What are the most ancient symbols (professions) of faith? 189-191

The most ancient symbols of faith are the *baptismal* creeds. Because Baptism is conferred “in the name of the Father, and of the Son, and of the Holy Spirit” (*Matthew 28:19*), the truths of faith professed at Baptism are articulated in reference to the three Persons of the Most Holy Trinity.

35. What are the most important symbols of the faith? 193-195

They are the *Apostles' Creed* which is the ancient baptismal symbol of the Church of Rome and the *Nicene-Constantinopolitan Creed* which stems from the first two ecumenical Councils, that of Nicea (325 A.D.) and that of Constantinople (381 A.D.) and which even to this day are common to all the great Churches of the East and the West.

***"I believe in God the Father Almighty,
Creator of heaven and earth."***

36. Why does the Profession of Faith begin with the words, "I believe in God"? 198-199

The Profession of Faith begins with these words because the affirmation “I believe in God” is the most important, the source of all the other truths about man and about the world, and about the entire life of everyone who believes in God.

37. Why does one profess belief that there is only one God? 200-202, 208

Belief in the one God is professed because he has revealed himself to the people of Israel as the only One when he said, “Hear, O Israel, the Lord our God is one Lord” (Deuteronomy 6:4) and “there is no other” (Isaiah 45:22). Jesus himself confirmed that God is “the one Lord” (Mark 12:29). To confess that Jesus and the Holy Spirit are also God and Lord does not introduce any division into the one God.

To read more, click this link- [Compendium of the Catechism of the Catholic Church](#)

MASS INTENTIONS

Aug 08, 5:15 PM Vigil Mass Healing of Zeny Naval

Aug 09- SUNDAY 9:00 AM + The Parishioners

12:15 PM + Sylvester de Melo
+ Helmut Bruckmueller

5:30 PM + Conchita Ayala

Aug 10, Mon,7:00PM Healing of Zeny Naval

Aug 11, Tues,9:00AM +Elena & Gregorio Cabungcal
+ Helmut Bruckmueller

Aug 12, Wed, 7:00PM + Sylvester de Melo

Aug 13, Thu, 9:00AM + Aurora Edquiban

+ Helmut Bruckmueller

Aug 14, Fri, 7:00PM + Emilia Sunga

Thanksgiving of Benjie Castillo

Aug 15, Sat, 9:00AM + Helmut Bruckmueller

+ Teodora Garcia

00 00

7-day Vigil Lamp – August 8- 14, 2026

Sanctuary--- Thanksgiving of Gemma C.

Virgin Mary- Healing of Zeny Naval

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WORDS OF THE WEEK

“DO NOT BE AFRAID”

In the Catholic sense, “do not be afraid” is a command from Jesus to His disciples, emphasizing the importance of trusting in God and not being overwhelmed by FEAR.

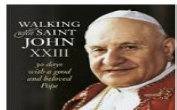
This phrase is often associated with the parable of the prodigal son, where Jesus teaches that God is a loving and merciful father who invites us into relationship and advises us not to fear.

In today's gospel, Jesus spoke to the apostles and said, **"Take heart, it is I; do not be afraid."** Matthew 14:27

*Pope's Prayer Intention-**AUGUST** 2026- For Evangelization in Cities*

**Pray for creative ways to proclaim the Gospel in urban areas,
building community despite anonymity and loneliness**

Our Patron Saint...



"I live by the mercy of Jesus, to whom I owe everything and from whom I expect everything." John XXIII

St. Teresa Benedicta (Edith Stein) Aug 9th

Edith Stein was born in Breslau, Germany (present-day Poland) on October 12, 1891, the youngest child in a large Jewish family. She studied philosophy with Edmund Husserl and received her doctorate at age 25. Drawn to Catholicism, Edith was baptized in 1922 and spent the next 12 years teaching at Catholic institutions. In 1934 she joined the Carmelites in Cologne, taking the name Teresa Benedicta of the Cross. By 1938 anti-Semitism was widespread, and her prioress helped Edith flee the Nazis, escaping to the Netherlands. She continued her writing and studies until August 2, 1942, when she and her sister were arrested by the Gestapo. On August 7, 987 Jews were deported to Auschwitz, and on August 9, Edith Stein, her sister and others died in the gas chambers. Although a convert to Catholicism, Edith Stein, always acknowledged her Jewish heritage. Canonized on October 11, 1998, she is co-patron of Europe with Sts. Benedict, Cyril, and Methodius, Bridget of Sweden, & Catherine of Siena.

PARISH DEVOTIONS

Mother of Perpetual Help Devotion

-every Saturday before the 9am Mass

Recitation of the Holy Rosary

-before the Mass

Adoration of the Blessed Sacrament

-Every 1st Friday at 6:00pm communal

Parish Ministries & Programs

- Eucharistic Extraordinary Ministers
- Lectors—Proclaimers of God's words
- Altar Servers & Sacristans
- Ushers
- Catholic Women's League
- Intercessory Prayer Group
- Legion of Mary
- Icon of Our Lady
- Society of St. Vincent de Paul
- Seniors Breakfast Club

If you are interested to join, please email us at stjohn23do@archtoronto.org and we will direct you to the person leading these groups.

What unites us, is much greater than what divides us." St. John XXIII

IN THE NEWS !!!



Pope Leo is set to travel to France this September

Pope Leo's schedule for his four-day Apostolic Journey to France

To read more, click this link >>> [Pope Leo's schedule for his four-day Apostolic Journey to France - Vatican News](#)



SHARELIFE 50TH ANNIVERSARY CELEBRATION AND THANKSGIVING MASS
Thursday, July 30, 2026



CATHOLIC CHARITIES ANNOUNCES EXPANDED \$700,000 COMMUNITY GRANTS PROGRAM FOR 2026
Friday, July 17, 2026



CARDINAL LEO PRESIDES AT MISSIONING OF UNITY HEALTH TORONTO CEO
Friday, July 10, 2026

<https://www.archtoronto.org/en/outreach/news/>

****click the link above to read the full text of the news****



Announcements!!!

- ✚ Registration for the First Holy Communion and Confirmation is now open. Registration forms are available at the parish office;
- ✚ Annual Mass for the departed will be celebrated on 12th of August at 7pm in all catholic cemeteries of the Archdiocese of Toronto;
- ✚ The Feast of the Assumption of the Blessed Virgin Mary is on August 15th.
- ✚ August 16, CWL Picnic for parishioners. **Details in page 6.**



≈ Did you know??? ≈

The **ORDER OF MASS** *(continuation)*

Liturgy of the Word

“When the Sacred Scriptures are read in the Church, God himself speaks to his people, and Christ, present in his word, proclaims the Gospel.” (GIRM, no 29), The Word of God proclaimed at Mass is ‘efficacious’ that is, it not only tells us of God and God’s will for us, it also helps us to put that will God into practice in our own lives. How, then, do we respond to this wonderful gift of God’s Word? We respond in word and song, in posture and gesture, in silent meditation and, most important of all, by listening attentively to that Word as it is proclaimed.

- **First Reading –**
Usually from the Old Testament.
- **Responsorial Psalm**
Sung or recited by the assembly. Usually taken in the book of Psalms in the Old Testament;
- **Second Reading (on Sundays and Solemnities)**
Typically, from the New Testament letters (on Sundays and solemnities).
- **Gospel Acclamation**
The assembly stands to welcome the Gospel.
- **Gospel Reading**
The high point of the Liturgy of the Word, proclaimed by the priest or deacon. The Gospel reading is taken in one of the Gospel of Matthew, Mark, Luke and John. The assembly remain standing until the end of the Gospel.
- **Homily**
The priest or deacon explains the readings.
- **Creed**
On Sundays and solemnities, the Nicene Creed is recited or the Apostles Creed.
- **Prayers of the Faithful**
The congregation offers petitions for the Church, the world, and those in need. This is usually read by one of the lectors.

To read more click this link [Liturgy of the Word | USCCB](#)

Pope Francis: “Jesus walking on the water of the lake”

Dear Brothers and Sisters, Good morning!

In today’s Gospel, we are presented with the account of Jesus walking on the water of the lake (cf. Mt 14:22-23). After the multiplication of loaves and fish, He asks the disciples to get into the boat and go before him to the other side of the lake while He dismisses the crowds. He then goes up into the hills by himself to pray until late at night. Meanwhile a strong storm blows up on the lake and right in the middle of the storm Jesus reaches the disciples’ boat, walking upon the water of the lake. When they see him, the disciples are terrified, but He calms them: “Take heart, it is I; have no fear!” (v. 27). Peter, with his usual passion, practically puts him to the test: “Lord, if it is you, bid me come to you on the water”; and Jesus answers “Come!” (vv. 28-29). Peter gets out of the boat and walks on the water; but a strong wind hits him and he begins to sink. And so he yells: “Lord, save me!” (30), and Jesus reaches out his hand and catches him.

This story is a beautiful icon of the faith of the Apostle Peter. In the voice of Jesus who tells him: “Come!”, he recognizes the echo of the first encounter on the shore of that very lake, and right away, once again, he leaves the boat and goes toward the Teacher. And he walks on the waters! The faithful and ready response to the Lord’s call always enables one to achieve extraordinary things. But Jesus himself told us that we are capable of performing miracles with our faith, faith in Him, faith in his word, faith in his voice. Peter however begins to sink the moment he looks away from Jesus and he allows himself to be overwhelmed by the hardships around him. But the Lord is always there, and when Peter calls him, Jesus saves him from danger. Peter’s character, with his passion and his weaknesses, can describe our faith: ever fragile and impoverished, anxious yet victorious, Christian faith walks to meet the Risen Lord, amid the world’s storms and dangers.

Click this to read more- https://www.vatican.va/content/francesco/en/angelus/2014/documents/pa-pa-francesco_angelus_20140810.html Angelus, 10 August 2014



CATHOLIC WOMEN'S LEAGUE OF CANADA
St. John XXIII Parish Council



2026 C.W.L. ANNUAL POTLUCK PICNIC

SUNDAY, AUGUST 16th, 2026

1:30pm - 4:00 pm

AT THE FRONT LAWN OF THE PARISH



EVERYONE IS INVITED

C.W.L. to Serve:

**HOTDOGS & HAMBURGERS WITH
CONDIMENTS, H2O, PASTA, PASTA SALAD
AND SMILE**

What to Bring:

**Preferred/Favourite POTLUCK DISH
CHAIRS AND COMMUNITY SPIRIT**