

St. John XXIII Parish

150 Gateway Blvd., Don Mills, ON M3C 3E2

Website: <https://stjohn23do.archtoronto.org>

Email: stjohn23do@archtoronto.org

Office Hours: Monday-Friday 9AM to 3PM



PARISH BULLETIN | **Most Holy Trinity Sunday** | **31MAY 2026**



Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.

Message of Cardinal Leo on the month of the Sacred Heart of Jesus

See page 6

Welcome New Parishioners!

Please introduce yourself and your family to me before or after the mass to welcome you to our parish community.

All parishioners are encouraged to register in our community and participate in the church activities. We are here to support each other and grow in our relationship with God and with our neighbors.

For Registration form, ask anyone of the Ushers or Call the office.

Your Pastor,

Fr. David



Saturday Vigil Mass – 5:15pm

Sunday Mass – 9am, 12:15pm, 5:30pm

Weekdays:

Monday, Wednesday, Friday – 7pm

Tuesday, Thursday, Saturday – 9am

Baptism - every Saturday of the month.

Preparation class is required. Talk to Fr. David after any of the Sunday masses.

Confession every Saturday at 4pm or by appointment.

Confirmation - for Grade 7 & up
registration for 2025 is in the months of September and October 2024

First Holy Communion – for Grade 2 & up
registration for 2025 is on October and November 2024

Wedding – call the office for appointment

Anyone who wants to become

Catholic – call the office for appointment
Parish School-

St. John XXIII Catholic School
175 Grenoble Dr. North York, ON M3C 3E7
Tel. 416-393-5348

Archdiocese of Toronto-
Tel. 416-934-0606 * www.archtoronto.org

St. Charles Lwanga & Companions

June 3rd

Pray for us.

“Please repent and become a Christian like me.”



“Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.”

Last Sunday we celebrated the Solemnity of the Pentecost. After Pentecost, the Church celebrates three more “Solemnities of Our Lord.” This Sunday we celebrate the Most Holy Trinity, next Sunday; “Corpus Christi,” and the Friday following, the Solemnity of “The Sacred Heart of Jesus.”

These past days, we have lived and celebrated what God has done for us; “Our Salvation through Christ Jesus.” Today, we are encouraged to turn our gaze and focus on the being of God Himself. We are called to contemplate and celebrate the highest revelation in the being of God, the reality of the Triune God.

In Our Catholic Catechism, we are taught, that, **“There is only One True God, Eternal, Infinite, Unchangeable, Almighty and Incomprehensible; The Father, Son and Holy Spirit, Three Persons yet One God.”** In the Creed we profess faith in One God, the Father Almighty maker of Heaven and earth; we profess faith in One Lord, Jesus Christ, the only begotten Son of God, and we profess faith in the Holy Spirit, the Lord, the Giver of Life; who proceeds from the Father and the Son; **“A Oneness not of a Single Person, but in a Trinity of One Substance.”**

The Trinity! Three Distinct Persons united and equal in God, the Church teaches, is a Mystery, that is real and that no human mind or language is adequate to explain exhaustively.

There is that classic story told about St Augustine (one of the Greatest philosopher and theologian of our Church) who was strolling along the seashore, struggling to comprehend the relationship between Persons of the Holy Trinity. As he strolled desiring to decipher the inner workings of this Mystery, he encountered a boy on the shores of the Mediterranean Sea; the Child had dug a small excavation, and with a bucket trekked back and forth, drawing the waters of the Sea and downing it into the excavation. St Augustine amused watched the boy for a while and after some time, he walked to the boy and asked him what he was trying to accomplish. The lad, looked straight to his face and replied that he wanted to empty all the waters of the Sea into the excavation he had made. Augustine surprised, explained to the boy that what he was trying to accomplish was impossible. The boy without hesitation responded, it was equally impossible for you, to comprehend the Mystery of the Trinity. And the child vanished.

It was St. Augustine who would later affirm; ***“that if we thought that we had fully understood who God is, then He who we claimed to have understood is not God!”***

While this insight of St Augustine is true, this does not mean that we know little about the Triune God! Human beings have much knowledge of God, not through a discovery of their own but through God’s revelation of Himself to them. God reveals himself to us, through his Creation, then through Israel (Old Testament) and in the New Testament, revealed himself through his Son.

The Holy Trinity is revealed magnificently, in the Baptism of Jesus; The Son was physically present among us, the Holy Spirit is seen descend upon him as a Dove and the Voice of the Father is heard; ***“This is My Beloved Son, with whom I am well pleased.”*** (Mt.3:17)

In Baptism we are born into an intimacy with God; we are born of the communion of the Trinity; A communion of Love of the Father and of the Son in the Holy Spirit. As Disciples of Christ, we have been commissioned to share with others, this Privilege. In the Gospel of Matthew, before Jesus ascended, He gave the Disciples the Final Command; ***“Go therefore and make disciples of all nations, baptizing them in the Name of the Father, and of the Son and of the Holy Spirit.”*** (Mt. 28:19-20)

Our Patron Saint...



"Musters the Church's best energies and studies with all earnestness how to have the message of salvation more readily welcomed by men."

St. John XXIII

St. Charles Lwanga & Companions June 3rd

Charles Lwanga and his companions became Christians through the Catholic missions of the Missionaries of Africa (commonly known as the White Fathers). Charles' predecessor as master of royal pages, also a Christian, had censured King Mwanga of Uganda for his cruelty and immorality. The vengeful king, determined to stamp out Christianity, ordered Charles and the other young Christian pages put to death. About 100 died during the persecution. Within a year of these deaths, however, the number of Christians had greatly increased, and by 1980 was estimated to be ten thousand. The 22 Martyrs of Uganda died on June 3, 1886 and were canonized in 1964. Charles Lwanga has been declared patron of Catholic Action and of black African youth.

(Living with Christ, June 2026 ed.)

PARISH DEVOTIONS

Mother of Perpetual Help Devotion

-every Saturday before the 9am Mass

Recitation of the Holy Rosary

-before the Mass

Adoration of the Blessed Sacrament

-Every 1st Friday at 6:00pm communal

Parish Ministries & Programs

- Eucharistic Extraordinary Ministers
- Lectors—Proclaimers of God's words
- Altar Servers & Sacristans
- Ushers
- Catholic Women's League
- Intercessory Prayer Group
- Legion of Mary
- Icon of Our Lady
- Society of St. Vincent de Paul
- Seniors Breakfast Club

If you are interested to join, please email us at stjohn23do@archtoronto.org and we will direct you to the person leading these groups.

What unites us, is much greater than what divides us." St. John XXIII

IN THE NEWS !!!



Pope Leo kneels in the Our Lady of Lourdes Grotto in the Vatican Gardens (Vatican Media)

Pope to lead worldwide Rosary for peace in Vatican Gardens

To read more, click this link >>> [Pope to lead worldwide Rosary for peace in Vatican Gardens - Vatican News](#)



CARDINAL LEO WRITES TO PRIME MINISTER, MPS - "I ASK YOU TO CHOOSE LIFE..."

Monday, April 20, 2026



NINE PERMANENT DEACONS SAY "YES" - A NEW CHAPTER OF MINISTRY BEGINS!

Wednesday, May 27, 2026



POPE LEO XIV RELEASES ENCYCLICAL, "MAGNIFICA HUMANITAS" CALLING FOR DISARMAMENT OF AI

Monday, May 25, 2026

<https://www.archtoronto.org/en/outreach/news/>

****click the link above to read the full text of the news****



Announcements!!!

June 7th is the Feast of Corpus Christi. Triduum will be recited starting June 4th before the Mass in our parish;

Cardinal Leo is inviting all parishioners to participate in the Mass and procession on June 7th around the vicinity of St. Michaels Cathedral after the noon Mass.



≈ Did you know??? ≈

- Solemnity of the Most Holy Trinity is celebrated on Sunday after the feast of Pentecost.
- It commemorates the central mystery of the Trinity, which is the one God existing in three coeternal, consubstantial divine persons: the **FATHER**, the **SON**, and the **HOLY SPIRIT**.
- This doctrine, which developed over centuries, focuses on the nature of God and defines Him as **one God existing in three distinct persons**.
- The **Council of Nicaea in 325 C.E.** established the consubstantiality between the Father and Son, and the **Council of Constantinople in 81 C.E.** confirmed the Consubstantiality of the Holy Spirit with the Father and Son.
- The Solemnity of the Most Holy Trinity was officially established by **Pope John XXII in the 1334**, but it had been recognized by members of the Church for centuries.
- It serves as a reminder of the **eternal exchange of love** between the Father, the Son and the Holy Spirit, and **invites believers to share in this divine exchange**.

* Liturgy of Trinity Sunday *

What are the readings for the Mass of the Most Holy Trinity?

Cycle A- The love of the Father who gives the Son

The focus of Cycle A (or Year A) emphasizes the loving and saving self-communication of God. The passage from **Exodus 34.4B-6,8-9**, highlights divine mercy: Moses ascends Mount Sinai at dawn carrying the tablets of the Law, God descends in the cloud and reveals his intimate name –

“Compassionate, gracious, patient, merciful and faithful”.

This divine condescension reaches its climax in the Gospel of **John 3:16-18**, where the Father voluntarily gives his Only Begotten Son not to judge but to save the world:

“For God so loved the world that he gave his only Son”.

The second reading **2Cor 13:13** closes the cycle with the Trinitarian greeting par excellence of the apostolic liturgy:

“The grace of the Lord Jesus, the love of God, and the communion of the Holy Spirit be with you all”.

<https://catholicmasstimes.com/solemnity-of-the-most-holy-trinity/>





Message on the Month of the Sacred Heart of Jesus by His Eminence Frank Cardinal Leo

My Dear Brothers and Sisters,

May Jesus and Mary be in your souls.

Each year Holy Mother Church dedicates the month of **June** to the **Sacred Heart of Jesus Christ**. This devotion invites us to contemplate not only the mystery of Christ's love, but also the kind of hearts we are called to develop in the world (Mt 11:29; Jn 13:34). When we refer to the "Sacred Heart of Jesus" we recall the whole mystery of Christ - his Person, his mission and his infinite divine-human love for the Father and for humanity. As the Catechism teaches, Christ "has loved us all with a human heart", and his pierced Heart is rightly considered "the chief sign and symbol of that love with which the divine Redeemer continually loves the eternal Father and all human beings" without exception (CCC, 478).

In the Gospels, we often see how Jesus responds to people with a sensitive heart that reveals itself in a remarkable attentiveness to their suffering. The evangelists repeatedly describe him as being "moved with compassion". He notices the hungry crowd before they ask for food (Mt 14:14-16); he stops for the blind man others try to silence (Mk 10:46-52), and he restores dignity to those whom society has forgotten (Lk 7:13). These moments reveal something profound: the heart of Christ is never distant from human need. It is a heart that sees, listens, and responds (Heb 4:15). And as the Church pondered these scenes - above all in the act of redemption when the side of Christ Crucified was opened - we too learn to speak ever more clearly of the love revealed in his Heart.

This Gospel portrait of Christ's compassion was not lost on the early Church. Long before devotion to the Sacred Heart took its modern form through St. Margaret Mary Alacoque, the Fathers of the Church reflected deeply on the mystery of the Lord's pierced side, seeing in his wounds the sign of his love and his desire to draw us into his Heart. St. Augustine of Hippo taught that the open side of Christ reveals the love from which the Church, and her sacraments of water and blood are born (*Tractates on the Gospel of John*, 120; cf. SC, 5). St. John Chrysostom saw in Christ's compassion the pattern for all Christian charity (*Homilies on Matthew*, 50). St. Ambrose of Milan saw in the wounded hands of Christ an image of the divine embrace that draws all humanity to itself, teaching that the outstretched arms of the crucified Lord signify God's desire to gather the whole world into his mercy (*On the Christian Faith*, II.7). And St. John Damascene held that the wounds of the risen Christ remain visible as a perpetual intercession before the Father, so that the Church is emboldened to bring her own needs and the needs of the world before God in confident prayer (*An Exposition of the Orthodox Faith*, IV.27).



For this reason, devotion to the Sacred Heart must never remain simply a private or sentimental practice. It is meant to shape the way Christians live and act in the world (Jm 2:14–17; 1 Jn 3:16–18); namely, by meditating on the love of Christ, we are not only drawn into that love but seek to imitate it. Our devotion must be rooted in the Gospel and lead us to imitate Christ's love (*Dilexit Nos*, 83). When we contemplate the heart of Christ, we are invited to model our lives on him who is “meek and humble of heart,” and whose pierced side draws all believers to himself (Mt 11:29; Jn 19:34–37).

The Sacred Heart is therefore a **school of compassion**. When we spend time in prayer before the Lord - especially in the Eucharist - we gradually learn his way of loving (Jn 6:54–56; 1 Cor 10:16; CCC 2669). June offers us a practical spiritual invitation, a moment to ask a simple but demanding question: **does my heart resemble the heart of Christ?** Scripture reminds us that the Christian life involves genuine transformation: “I will give you a new heart” (Ez 36:26), and believers are called to share in the very mind and love of Christ (Phil 2:5).

Finally, during the month of June, dedicated entirely to the Sacred Heart of Jesus, we celebrate liturgically not only the **Solemnity of the Sacred Heart of Jesus**, but also the annual **World Day of Prayer for the Sanctification of Priests**. We are invited to lift up our prayers of intercession (CCC, 2634-2636) for those servants of the Gospel and of the Church whose lives have been offered to the Lord for the salvation of humankind. As men called and gifted, formed and ordained, they are sent into the world for the life of the world. While all are called to holiness and service, in a specific manner due to their particular mission, priests are called to avoid at all costs any temptation to half-heartedness, lukewarmness or mediocrity. Priests are a gift from the Lord to the Church and to each of us personally. They need our support and encouragement, they need our understanding and our collaboration, they need our love, respect and our prayers.

I close with those inspiring words of Pope St. John Paul II: “While the Second Vatican Council speaks of the universal call to holiness, in the case of the priest we must speak of a special call to holiness. Christ needs holy priests! Today’s world demands holy priests. Only a Holy priest can become, in an increasingly secularized world, a resounding witness to Christ and his Gospel. And only thus can a priest become a guide for men and women and a teacher of holiness. The truest secret of authentic pastoral success does not lie in material means, much less sophisticated programs. The lasting results of pastoral endeavors are born of the holiness of the priest. This is the foundation!” (*Gift and Mystery*, p.89-90)