

St. John XXIII Parish

150 Gateway Blvd., Don Mills, ON M3C 3E2

Website: <https://stjohn23do.archtoronto.org>

Email: stjohn23do@archtoronto.org

Office Hours: Monday-Friday 9AM to 3PM



PARISH BULLETIN | 4th Sunday in Ordinary Time | 01Feb26

The Beatitudes of Jesus

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are they who mourn, for they shall be comforted.
- Blessed are the meek, for they shall inherit the earth.
- Blessed are they who hunger and thirst for righteousness, for they shall be satisfied.
- Blessed are the merciful, for they shall obtain mercy.
- Blessed are the pure of heart, for they shall see God.
- Blessed are the peacemakers, for they shall be called children of God.
- Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Rejoice and be glad, for your reward is great in heaven. CCC 1716

WORLD DAY FOR CONSECRATED LIFE

Welcome New Parishioners!

Please introduce yourself and your family to me before or after the mass to welcome you to our parish community.

All parishioners are encouraged to register in our community and participate in the church activities. We are here to support each other and grow in our relationship with God and with our neighbors.

For Registration form, ask anyone of the Ushers or Call the office.

Your Pastor,

Fr. David



Saturday Vigil Mass – 5:15pm

Sunday Mass – 9am, 12:15pm, 5:30pm

Weekdays:

Monday, Wednesday, Friday – 7pm

Tuesday, Thursday, Saturday – 9am

Baptism – every Saturday of the month.

Preparation class is required. Talk to Fr. David after any of the Sunday masses.

Confession every Saturday at 4pm or by appointment.

Confirmation – for Grade 7 & up
registration for 2026 is in the months of August and September 2025

First Holy Communion – for Grade 2 & up
registration for 2026 is in the months of August and September 2025

Wedding – Talk to Fr. David after any of the Sunday Masses

Anyone who wants to become

Catholic – Talk to Fr. David after any of the Sunday Masses

Parish School – **St. John XXIII Catholic School**
175 Grenoble Dr. North York, ON M3C 3E7
Tel. 416-393-5348

Archdiocese of Toronto –

Tel. 416-934-0606 *www.archtoronto.org

St. Ansgar February 3rd

“Were I worthy of such a favor from my God, I would ask that He would grant to me this one miracle, that by His grace He would make of me a good man.”



“Blessed are the Poor in Spirit for theirs is the Kingdom of Heaven.” *Matthew 5.3*

Last Sunday’s Gospel, opened with John the Baptist exiting the scene; his role having been accomplished; We read, ***“he was arrested;”*** The full story of his death is told in Mathew 14: 1-12 by way of the flashback!

We read, Jesus, hearing of the arrest of John, withdrew into Capernaum, the city that would be the home-base of his evangelization, and began his public ministry.

Jesus begun the Mission of his Father with the Words ***“Repent, for the Kingdom of Heaven is at hand.”***

He then, set out to lay the foundation of the new Israel, with the call of the first four Apostles; Peter, Andrew, John and James.

In today’s Gospel Reading, Jesus, gives the guiding principles that were to govern the new Israel: in other words, he gave them the constitution; the new law.

Matthew, himself a Jew, knew the significance of the mountain; this is where the old Israel received the demands of God through Moses, their leader, on Mt. Sinai!

God and the People of Israel made a Covenant, in which Israel in unison promised to accept and be faithful; ***“What the Lord our God has asked us we shall do!”***

In today’s Gospel, Matthew present Jesus as the New Moses. Just as Moses did ***“Jesus seeing the crowds, went up on the mountain, and when he sat down ... He opened his mouth and taught them saying ...”***

Jesus addressed not only his disciples but all Israel (the crowd) gathered to hear him! He placed before them his teaching and challenged them to accept and to act upon it. However, unlike Moses who had received God’s Commandments and hence became just a Messenger, Jesus has the authority of the Father; In His Person, he revealed the Will of God.

“Blessed are the Poor in Spirit for theirs is the Kingdom of Heaven.”

Blessed are you; Blessed by God! **Blessing is an act of the Divine!**

Blessed are Poor in Spirit; Mathew qualifies the poor with the words “in Spirit,” to include all those who recognized God’s Kingdom as a gift and responded to its demand. Those who accepts the reign of God in their heart, despite all that they possess.

The realization that God has a special bias for the poor, must have turned the belief of the day, up side down; for wealth was a sign of being in terms with God. The wealthy were considered the blessed! Jesus put this understanding upside down.

Jesus, too, unlocked the mysteries of other situations considered before then, signs of unfaithfulness to God or signs of weakness;

Blessed are those who mourn; Blessed are the meek; Blessed are those who hunger and thirst for righteousness, Blessed are the merciful; Blessed are the Pure of Heart; Blessed are the peacemakers; Blessed are those who are persecuted for righteousness’ sake; for the Kingdom of Heaven is theirs!

As we listen to this reading today, which of Christ’s Beatitudes, truly speaks to our hearts? *Do we hunger and thirst for righteousness, for something more soul-satisfying than material wealth or injustice? Do we not yearn for mercy, forgiveness, and compassion? Would we welcome the chance to make Peace with a neighbor who we truly know deeply hates us?*

The Beatitudes promise fullness of Life in God. Jesus came so that we, humans may have life. His only Gift is Life. Fullness of Life, in God, results in True Happiness.



Catechism of the Catholic Church

III Christian Beatitude

1720. The New Testament uses several expressions to characterize the beatitude to which God calls man:

- the coming of the Kingdom of God;^{[16](#)}
- the vision of God: "Blessed are the pure in heart, for they shall see God"^{[17](#)}
- entering into the joy of the Lord;^{[18](#)}
- entering into God's rest;^{[19](#)}

There we shall rest and see, we shall see and love, we shall love and praise. Behold what will be at the end without end. For what other end do we have, if not to reach the kingdom which has no end?²⁰

1721. God put us in the world to know, to love, and to serve him, and so to come to paradise. Beatitude makes us "partakers of the divine nature" and of eternal life.^{[21](#)} With beatitude, man enters into the glory of Christ^{[22](#)} and into the joy of the Trinitarian life.

1722. Such beatitude surpasses the understanding and powers of man. It comes from an entirely free gift of God: whence it is called supernatural, as is the grace that disposes man to enter into the divine joy.

"Blessed are the pure in heart, for they shall see God."

It is true, because of the greatness and inexpressible glory of God, that "man shall not see me and live," for the Father cannot be grasped. But because of God's love and goodness toward us, and because he can do all things, he goes so far as to grant those who love him the privilege of seeing him.... For "what is impossible for men is possible for God."²³

1723. The beatitude we are promised confronts us with decisive moral choices. It invites us to purify our hearts of bad instincts and to seek the love of God above all else. It teaches us that true happiness is not found in riches or well-being, in human fame or power, or in any human achievement - however beneficial it may be - such as science, technology, and art, or indeed in any creature, but in God alone, the source of every good and of all love:

All bow down before wealth. Wealth is that to which the multitude of men pay an instinctive homage. They measure happiness by wealth; and by wealth they measure respectability.... It is a homage resulting from a profound faith.

To read more click this link: [Catechism of the Catholic Church - IntraText](#)

MASS INTENTIONS

Jan 31-Sat,5:15PM Vigil Mass + The Parishioners

Feb 01- Sun 9:00 AM + Petra Damasco Perlas

12:15 PM + Candelaria Ferrolino

5:30 PM +Alfredo Sr. & Ethilda Puncion

Feb 02-Mon,7:00PM Thanksgiving of Chichi M.

Thanksgiving of Siony Villar

For Successful Operation of Tony L.

Feb 03-Tue, 9:00 AM + Roberto Lopez

Feb 04-Wed, 9:00am + Virginia Domingo Meek

Feb 05 -Thu, 9:00 AM Early recovery of Joseph G.

Feb 06 -Fri,7:00 PM Thanksgiving of Marian C.

Feb 07-Sat,9:00AM Thanksgiving of Gemma C.

7-day Vigil Lamp Intention – Jan 31-Feb 05, 2026

Sanctuary--- Thanksgiving of Hayde

Virgin Mary- Thanksgiving of Hayde

WORDS OF THE WEEK

“POOR IN SPIRIT”

-To be poor in spirit means recognizing that everything good in our nature comes from God.

Being poor in spirit is a type of spiritual posture, acting as “beggar” before the Lord. We beg for his mercy and grace because we know we are unable to earn them on our own.

In fact, the root word for "poor" in the New Testament is "*ptochos*," meaning a person reduced to begging—someone who was destitute of all resources, especially farm and family.

This call to spiritual poverty is not separated from the call to material poverty. In fact, they are intimately intertwined.

To read more click the link

<https://stories.svdmissions.org/the-mission-post/what-does-it-mean-to-be-poor-in-spirit-3-ways-to-live-spiritual-poverty>

Pope Leo's Prayer Intention - February 2026 - FOR CHILDREN WITH INCURABLE DISEASES

"Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope."



Our Patron Saint...



And a devotion to the Eucharist that is ardent, constant and that carries over into works also has the effect of nourishing and fostering the inner perfection of his soul and assuring him, as he carries out his apostolic duties, of an abundance of the supernatural powers that the strongest workers for Christ must have. **St. John XXIII**

Conversion of St. Ansgar Feb 3rd

The patron saint of Denmark, Germany and Iceland, Ansgar was born about 801 of a noble family near Amiens. He was sent to study at the nearby monastery of Old Corbie and decided to become a monk in order to preach to the pagans. He moved to the Benedictine monastery of New Corbie, where he called on his extraordinary talent for oratory. His missions to Denmark and Sweden were highly successful, winning many converts. In 831, he was made abbot of New Corbie and first archbishop of Hamburg. After his work was undone by pagan invaders from the north, he returned and won Denmark back to the faith. Known as the Apostle of the North, he died in 865, greatly venerated for his charity and sanctity.

Living with Christ February 2026 edition

IN THE NEWS



Pope Leo to DDF: Let's rediscover the joy of transmitting the faith

Click the link to read more **Vatican News**: [Pope Leo to DDF: Let's rediscover the joy of transmitting the faith - Vatican News](#)



MESSAGE FOR WORLD DAY FOR CONSECRATED LIFE
Wednesday, January 21, 2026



CARDINAL LEO AFFIRMS CONCERNS OF CANADIAN BISHOPS RE: BILL C-9
Friday, December 05, 2025



TORONTO CARDINALS JOIN POPE LEO XIV FOR ROME MEETINGS
Friday, January 16, 2026

Click the link to read more **Archdiocese News**: [Archdiocese of Toronto - News](#)

PARISH DEVOTIONS

Mother of Perpetual Help Devotion

-every Saturday before the 9am Mass

Recitation of the Holy Rosary

-before the Mass

Adoration of the Blessed Sacrament

-Every 1st Friday at 6:00pm communal

Parish Ministries & Programs

- Eucharistic Extraordinary Ministers
- Lectors—Proclaimers of God's words
- Altar Servers & Sacristans
- Ushers
- Catholic Women's League
- Intercessory Prayer Group
- Legion of Mary
- Icon of Our Lady
- Society of St. Vincent de Paul
- Seniors Breakfast Club

If you are interested to join, please email us at stjohn23do@archtoronto.org and we will direct you to the person leading these groups.

What unites us, is much greater than what divides us " St. John XXIII

Announcements!!!

Parents of all First Holy Communion Candidates, please email the office to schedule your child for Test 2;

Marriage Sunday on Feb 8, 2026 at 2:30pm Mass for couples celebrating their 25th, 40th, 50th, 60th & 60+ wedding anniversaries at St. Michael's Cathedral Basilica. Click the link to register. [Archdiocese of Toronto - Marriage Sunday](#)



≈ Did you know??? ≈

The term "BEATITUDES" comes from the Latin word "beati" meaning "Blessed".

The Beatitudes are the teachings of Jesus in the Sermon on the Mount (Matthew 5:1-10). Jesus teaches us that if we live according to the Beatitudes, we will live a happy Christian life. The Beatitudes fulfill God's promises made to Abraham and his descendants and describe the rewards that will be ours as loyal followers of Christ.

KEY WORDS of each Beatitudes:

- **Poor in Spirit** — spiritual poverty and dependence on God.
- **Mourning** — grieve over sin and injustice
- **Meek** — virtue of humility & gentleness
- **Hunger and thirst** — deep desire for justice and holiness
- **Merciful** — showing compassion and forgiveness to others
- **Pure of Heart**- sincere intentions and a clean conscience
- **Peacemakers**- promoting peace and reconciliation
- **Persecuted for the sake of righteousness**- suffer for their faith

Ref: Catholic.com; LoyolaPress.com

The month of FEBRUARY Feast Days & Important Celebrations

February 2nd

- Feast of The Presentation of the Lord
- World Day for Consecrated Life

February 3rd

- St. Blaise – blessings of throats

February 6th

- 1st Friday – Eucharistic Adoration at 6pm in our parish

February 11th

- World Day of the Sick
- Feast of Our Lady of Lourdes
- There will be anointing of the sick

February 18th

- ASH WEDNESDAY- beginning of the season of LENT

February 20th, 27th and All Fridays of Lent – we will have Station of the Cross before the 7pm Mass

You want to offer Mass intention like *Thanksgiving*, for the soul of a deceased, Healing and other intentions, please email the parish office at least 2 weeks in advance at stjohn23do@archtoronto.org

